

AUSTRALIAN SCHOOL OF TANTRA

LoveWorks Programme

"LoveWorks' Tantra Modules

1. Why people want to learn about Tantra and Sacred Sexuality:
2. What do you understand by Tantra?
3. Traditional Tantra and contemporary Tantra
4. Tantra Terms
5. Contemporary Tantric approaches
6. Yourself as Educator
7. Talking about sex?
8. Ethics
9. Orgasmic Response
10. The LoveWorks model for sexual pleasure
11. Senses
12. Micro cosmic orbit
13. Making time...relaxation
14. The place of Ritual and sacred space.
15. Optimal health
16. Conscious awareness of self, beliefs, values, reactions.
17. Body movement – keeping the energy moving
18. Body awareness
19. integrated nerves, muscles, ligaments structures
20. Nerve supply of the female genital system
21. Main Pelvic neural pathways
22. More on Hormones
23. Genital Heart Mind Connections
24. White Tantra practice
25. Men's Concerns and issues
26. The major areas our male clients want to be helped with are:
27. Premature ejaculation
28. Virility
29. Multi orgasmic
30. Making love rather than sex
31. Men's concerns and issues
32. Language of intimacy
33. Advanced communication skills
 1. Tantric Meditations Couple's practice
 2. Tantric couple's meditations
 3. Tantric couples's meditations
 4. Tantric couples's meditations
34. Structured communication for pleasure
35. Modalities of touch
36. Loveworks Yoni Massage
37. Loveworks healing YONI Massage
38. Genital Pleasure massage
39. LoveWorks: Women's sacred massage
40. Lignum massage
41. 3 Keys to extend pleasure
 1. Breath
 2. Sound
 3. Movement

42. Keys helping to expand pleasure
43. Muscle release
44. Thought release
45. Breath release
46. Female pleasure
47. Power pack meditation for youthing and rejuvenation
48. Pelvic animation
49. Harmonising libido
50. Daily Devotion
51. Slow Sex
52. Tibetan pulsing